

Personal Enrichment

Personal Enrichment is looking to broaden its offerings by inviting potential trainers to come and discuss their passions and skills with us. We look for candidates who can provide engaging learning experiences through informative techniques and methods. Trainers should be able to demonstrate experience and/or in methodologies specific to their subject areas.

Generally, our classes are offered in the evenings or weekend afternoons.

- Gardening
 - Shade Gardening
 - Creating Backyard Spaces
- Culinary Arts
 - Always looking for more cooking!
 - Bread-making
 - Creating an Afternoon Tea
 - Making Galettes
- Visual Arts
 - o Oil
 - o Multiple Mediums
 - o Dirty Pour
- DIY Crafting
 - Woodworking
 - Outdoor furniture
 - Pallet furniture
 - Wood signs
 - Hall Tree
 - Home décor
 - o Fiber Arts
 - Weaving
 - Rugs
 - Macrame
 - Jewelry
 - Needlepoint
 - Felting
 - Making Miniatures
- Computer programming
 - Computer art programs
- History and culture

-

- Art History classes
- o More arm-chair travel
- Planning travel via the internet
- Variety of history topics
- Health and Wellness
 - o Yoga
 - Exercise at home
 - o Brain health
 - $\circ \quad \text{Journaling for Health} \\$
 - o Gut health
 - Variety of other topics